

International Student Health Insurance Tips

Students now need to offer proof of health insurance to many colleges and universities throughout the United States now. International student health insurance will cut the cost of high medical bills and offers quality treatment.

- Many insurance policies hold good only in the country in which they're originally issued. So check if your current insurance policy is recognized in the country where you're attending school.
- Get insurance policies from companies specializing in this field for a better value and it will also be a more convenient option.
- Check the coverage duration of the policy and verify if it matches upon the length of your stay abroad. Be sure about the conditions covered and the deductible type.
- Check if the coverage includes the costs related to repatriation, or the costs of transporting the student to the nearest medical facility in case of emergency.
- Compare international student insurance policies and school-run plans for their limitations and expenses incurred.
- Get quotes from multiple providers so you that you get the best coverage at the best rate. You can often find rates listed on insurers' web sites, or you can get customized quotes via e-mail.

General Health Tips for International students:

- Check with a health-care provider to make sure you are up-to-date with all routine vaccinations. And also get any required additional vaccinations, medications, or information you may need to stay healthy abroad.
- Prepare a travel health kit that includes basic medications and First Aid kit.
- Have a copy of your vaccination record.
- Reduce risk of illness by adhering to clean and healthy habits.
- Be aware of the road rules and follow the local customs and laws regarding pedestrian safety and vehicle speed.